

For the sin of their mouth, and the words of their lips. Let them even be taken in their pride, And for cursing and lying which they speak.

13 Consume them in wrath, consume them, so that they shall be no more: And let them know that God ruleth in Jacob, Unto the ends of the earth. ^[Sē'lāh]

14 And at evening let them return, let them howl like a dog, And so round about the city.

15 They shall wander up and down for food, And tarry all night if they be not satisfied.

16 But I will sing of thy strength; Yea, I will sing aloud of thy lovingkindness in the morning: For thou hast been my high tower, And a refuge in the day of my distress.

17 Unto thee, O my strength, will I sing praises: For God is my high tower, the God of my mercy.

Lament over Defeat in Battle, and Prayer for Help.

For the Chief Musician; set to 'Shushan Eduth, Michtam of David, to teach; when he strove with Aran-naharim and with Aram-zobah, and Joab returned, and smote of Edom in the Valley of Salt twelve thousand.

60 O God, thou hast cast us off, thou hast broken us down; Thou hast been angry; oh restore us again.

¹ Acc. to Sept. and Vulg., My strength
² Or, them that lie in wait for me. ³ Or, Make them wander to and fro. ⁴ That is, The City of testimony

15 That thy beloved may be delivered, Save with thy right hand, and answer us.

6 God hath spoken in his holiness: I will exult; I will divide Shē'chem, and mete out the valley of Sūc'cōth.

7 Gīl'ē-ād is mine, and Mā-nās'sēh is mine; E'phra'im also is the defence of my head; Jū'dāh is my 'sceptre.

8 Mō'āb is my washpot; ¹ Upon E'dōm will I cast my shoe: Phi-lis'ti-ā, shout thou because of me.

9 Who will bring me into the strong city? ² Who hath led me unto E'dōm? ³ Hast not thou, O God, cast us off? And thou goest not forth, O God, with our hosts.

11 Give us help against the adversary; For vain is the 'help of man.

12 Through God we shall do valiantly; For he it is that will tread down our adversaries.

Confidence in God's Protection.

For the Chief Musician; on a stringed instrument. A Psalm of David.

61 Hear my cry, O God; Attend unto my prayer.

2 From the end of the earth will I call unto thee, when my heart 'is overwhelmed:

¹ Another reading is, me. ² Or, I am over-
whelmed. ³ Or, Who will lead me &c.
⁴ Or, Will not thou, O God, who hast cast us
off, and goest . . . hosts? ⁵ Heb. salvation
⁶ Or, faintest.

Thou hast 'given me the heritage of those that fear thy name.

6 Thou wilt prolong the king's life; His years shall be as many generations.

7 He shall abide before God for ever: Oh prepare lovingkindness and truth, that they may preserve him.

8 So will I sing praise unto thy name for ever, That I may daily perform my vows.

God alone a Refuge from Treachery and Oppression.

For the Chief Musician; after the manner of Jeduthun. A Psalm of David.

62 My soul 'waiteth in silence for God only: From him cometh my salvation.

2 He only is my rock and my salvation: He is my high tower; I shall not be greatly moved.

3 How long will ye set upon a man, That ye may slay him, all of you. Like a leaning wall, like a tottering fence?

4 They only consult to thrust him down from his dignity; They delight in lies; They bless with their mouth, but they curse inwardly. ^[Sē'lāh]

5 My soul, 'wait thou in silence for God only; For my expectation is from him.

6 He only is my rock and my salvation:

¹ Or, a rock that is too high for me. ² Heb. tent. ³ Or, given a heritage unto those &c.
⁴ Heb. is silent unto God. ⁵ Or, as otherwise read, Ye shall be slain &c. ⁶ Heb. be thou silent unto God.

Als Paar
ein Jahr
mit der
Bibel
unterwegs



Mino-Vision:
Zeit mit Gott – Zeit für Menschen.

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And let them know that God ruleth in Jacob,
Unto the ends of the earth.
14 And at evening let them return, let them howl like a dog, and go round about the city.
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And a refuge in the day of my distress.
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For the Chief Musician; set to Shushan Eduth, Michtam of David, to Geshi; when he strove with Aram-naharaim and with Aramzobah, and Joab returned, and smote of Edom in the Valley of Salt twelve thousand.
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4 Acc. to Sept. and Vulg., My strength
5 Or, them that lie in wait for me 6 Or, Make them wander to and fro 7 That is, The city of testimony

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8 Mô'ab is my washpot; Upon E'dóm will I cast my shoe:
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2 From the end of the earth will I call unto thee, when my heart is overwhelmed:
1 Another reading is, me 2 Or, laugher tent 3 Or, Who will lead me &c. 4 Or, Will not thou, O God, who hast cast us off, and goest . . . hosts? 5 Heb. salvation 6 Or, faithful

generations.
8 He shall abide before God for ever:
Oh prepare lovingkindness and truth, that they may preserve him.
9 So will I sing praise unto thy name for ever,
That I may daily perform my vows.
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(Sê'láh)
8 Or, a rock that is too high for me 9 Heb. tent 10 Or, given a heritage unto those &c. 11 Heb. is silent unto God 12 Or, as otherwise read, Ye shall be slain &c. 13 Heb. be thou silent unto God

In einer Kleingruppe das Bibellesen einüben

Paare, die sich schwertun mit dem gemeinsamen Lesen der Bibel, können dies im Rahmen der Kleingruppe einüben und so dauerhaft in ihre Paar-Gemeinschaft einbauen. Während knapp eines Jahres finden regelmässig Treffen statt, wobei zwischen den Anlässen immer ein biblisches Buch gelesen wird. In den Kleingruppen-Treffen tauschen wir darüber aus, was das Wort Gottes in unser Leben gesprochen hat, und ermutigen uns gegenseitig, dies in unser tägliches Leben zu integrieren.

Die Kleingruppe umfasst drei bis vier Paare.

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|-------------------|----------------|
| 25. Oktober 2025 | 21. März 2026 |
| 22. November 2025 | 25. April 2026 |
| 10. Januar 2026 | 30. Mai 2026 |
| 14. Februar 2026 | 13. Juni 2026 |

Samstags von ca. 9.00 bis 11.30 Uhr

Leitung: Andi & Michaela Wälti, Jürg & Bettina Hürlimann
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bis Ende September